**USERNAME:** 

## NEW WAYS TO CONNECT WITH YOUR EAP



call **800.456.6327** 



login into the EAP **Spark App** and use the Get Help option to submit an a contact request.



or **instant message** with a counselor. Just click the 'Tap to Live Chat' button in "Services" through your Spark App



make a **video conference**appointment with an EAP Counselor

Resources, recipes, articles, assessments, skillbuilders, legal and financial advice and more are available in the palm of your hand. Support is only a call or click away!



Scan this QR code to download the Perspectives EAP Spark App now!



